



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

Wiedig, Michael

Club: Aschersleben  
Number: 449

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:36:42

Speed: 10.03 km/h  
Running performance: 5:59 min/km

Rank in course/Total: 167 (of 418)

Rank in course/Men: 151 (of 336)

Best time in course: 1:39:59

Rank in category: 25(of 60)

Best time in the category: 2:00:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:52	6:01	34	5:22	192	7:52	3.30	19:52	6:01	34	5:22	192	7:52
Schlüsie	3.10	21:52	7:03	40	6:17	209	8:25	6.40	41:44	6:31	38	11:39	206	16:17
Hermannsklippe	2.60	19:43	7:34	41	5:49	219	7:55	9.00	1:01:27	6:49	38	17:28	205	24:12
Brocken	3.10	32:52	10:36	37	10:06	223	14:42	12.10	1:34:19	7:47	39	27:28	220	38:54
Eiserner Handwe	3.60	17:27	4:50	17	3:08	89	5:25	15.70	1:51:46	7:07	33	29:12	197	44:19
Schlüsie	4.10	16:20	3:59	14	2:49	84	4:48	19.80	2:08:06	6:28	28	32:01	169	49:07
Loddenke	3.10	13:38	4:23	10	1:49	59	3:40	22.90	2:21:44	6:11	20	32:27	119	52:47
Ilseburg/Markt	3.30	14:58	4:32	11	2:08	54	3:56	26.20	2:36:42	5:58	25	35:57	151	56:43