



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Maihs, Tobi

Club: Maschsee-Sharks Hannover
Number: 263

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:37:00

Speed: 9.94 km/h
Running performance: 5:59 min/km

Rank in course/Total: 168 (of 418)

Rank in course/Men: 152 (of 336)

Best time in course: 1:39:59

Rank in category: 26(of 60)

Best time in the category: 2:00:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:34	5:37	26	4:04	138	6:34	3.30	18:34	5:37	26	4:04	138	6:34
Schlüsie	3.10	21:23	6:53	35	5:48	191	7:56	6.40	39:57	6:14	28	9:52	153	14:30
Hermannsklippe	2.60	18:57	7:17	32	5:03	184	7:09	9.00	58:54	6:32	29	14:55	164	21:39
Brocken	3.10	32:11	10:22	35	9:25	214	14:01	12.10	1:31:05	7:31	32	24:14	187	35:40
Eiserner Handwe	3.60	18:20	5:05	25	4:01	123	6:18	15.70	1:49:25	6:58	28	26:51	170	41:58
Schlüsie	4.10	16:36	4:02	18	3:05	94	5:04	19.80	2:06:01	6:21	26	29:56	155	47:02
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	30:59	9:23	52	18:09	301	19:57	26.20	2:37:00	5:59	26	36:15	152	57:01