



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Braun, Daniela

Club: SC Magdeburg
Number: 459

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:37:41

Speed: 9.89 km/h
Running performance: 6:01 min/km

Rank in course/Total: 174 (of 418)

Rank in course/Women: 18 (of 82)

Best time in course: 2:03:06

Rank in category: 5(of 15)

Best time in the category: 2:23:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:55	6:02	5	3:15	23	5:02	3.30	19:55	6:02	5	3:15	23	5:02
Schlüsie	3.10	21:40	6:59	6	2:48	25	5:21	6.40	41:35	6:29	5	6:03	24	10:23
Hermannsklippe	2.60	19:20	7:26	6	2:33	26	4:55	9.00	1:00:55	6:46	5	8:36	23	15:18
Brocken	3.10	30:28	9:49	3	3:02	19	7:38	12.10	1:31:23	7:33	5	11:38	21	22:56
Eiserner Handwe	3.60	18:54	5:14	3	2:20	18	3:51	15.70	1:50:17	7:01	5	12:35	21	26:47
Schlüsie	4.10	16:44	4:04	2	0:14	13	2:48	19.80	2:07:01	6:24	4	11:57	18	28:40
Loddenke	3.10	14:24	4:38	3	0:42	12	2:40	22.90	2:21:25	6:10	4	12:39	13	28:22
Ilseburg/Markt	3.30	16:16	4:55	4	1:38	15	3:12	26.20	2:37:41	6:01	5	14:17	18	34:35