



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Buse, Thomas

Club: Grasberg
Number: 81

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:38:14

Speed: 9.86 km/h
Running performance: 6:02 min/km

Rank in course/Total: 176 (of 418)

Rank in course/Men: 158 (of 336)

Best time in course: 1:39:59

Rank in category: 27(of 60)

Best time in the category: 2:00:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:51	6:00	33	5:21	191	7:51	3.30	19:51	6:00	33	5:21	191	7:51
Schlüsie	3.10	21:24	6:54	36	5:49	193	7:57	6.40	41:15	6:26	33	11:10	187	15:48
Hermannsklippe	2.60	19:18	7:25	36	5:24	205	7:30	9.00	1:00:33	6:43	36	16:34	194	23:18
Brocken	3.10	29:26	9:29	23	6:40	136	11:16	12.10	1:29:59	7:26	27	23:08	172	34:34
Eiserner Handwe	3.60	19:35	5:26	33	5:16	174	7:33	15.70	1:49:34	6:58	29	27:00	174	42:07
Schlüsie	4.10	17:52	4:21	27	4:21	148	6:20	19.80	2:07:26	6:26	27	31:21	162	48:27
Loddenke	3.10	14:12	4:34	12	2:23	80	4:14	22.90	2:21:38	6:11	19	32:21	118	52:41
Ilseburg/Markt	3.30	16:36	5:01	19	3:46	109	5:34	26.20	2:38:14	6:02	27	37:29	158	58:15