



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Püschel, Silvio

Club: Hetzdorfer SV 1990
Number: 317

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:39:36

Speed: 9.77 km/h
Running performance: 6:05 min/km

Rank in course/Total: 183 (of 418)

Rank in course/Men: 162 (of 336)

Best time in course: 1:39:59

Rank in category: 31(of 50)

Best time in the category: 1:55:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:40	5:21	17	4:14	80	5:40	3.30	17:40	5:21	17	4:14	80	5:40
Schlüsie	3.10	19:32	6:18	22	4:12	96	6:05	6.40	37:12	5:48	19	8:26	88	11:45
Hermannsklippe	2.60	18:39	7:10	35	5:31	165	6:51	9.00	55:51	6:12	23	13:40	115	18:36
Brocken	3.10	33:03	10:39	40	12:10	232	14:53	12.10	1:28:54	7:20	35	24:59	159	33:29
Eiserner Handwe	3.60	19:34	5:26	32	5:55	173	7:32	15.70	1:48:28	6:54	33	30:11	157	41:01
Schlüsie	4.10	18:14	4:26	32	5:31	164	6:42	19.80	2:06:42	6:23	33	35:02	158	47:43
Loddenke	3.10	15:03	4:51	23	3:57	114	5:05	22.90	2:21:45	6:11	22	38:59	120	52:48
Ilseburg/Markt	3.30	17:51	5:24	24	5:32	156	6:49	26.20	2:39:36	6:05	31	44:30	162	59:37