



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Thoma, Manfred

Club: LG Rippershausen
Number: 415

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:42:09

Speed: 9.62 km/h
Running performance: 6:11 min/km

Rank in course/Total: 193 (of 418)

Rank in course/Men: 171 (of 336)

Best time in course: 1:39:59

Rank in category: 6(of 19)

Best time in the category: 2:24:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:17	6:45	17	4:49	292	10:17	3.30	22:17	6:45	17	4:49	292	10:17
Schlüsie	3.10	23:44	7:39	11	4:17	278	10:17	6.40	46:01	7:11	15	9:05	293	20:34
Hermannsklippe	2.60	19:00	7:18	6	1:50	186	7:12	9.00	1:05:01	7:13	10	10:35	263	27:46
Brocken	3.10	29:52	9:38	6	1:53	150	11:42	12.10	1:34:53	7:50	8	12:02	224	39:28
Eiserner Handwe	3.60	18:15	5:04	4	1:16	119	6:13	15.70	1:53:08	7:12	7	13:18	205	45:41
Schlüsie	4.10	17:08	4:10	4	1:06	114	5:36	19.80	2:10:16	6:34	7	14:18	187	51:17
Loddenke	3.10	14:36	4:42	4	1:11	99	4:38	22.90	2:24:52	6:19	5	15:21	134	55:55
Ilseburg/Markt	3.30	17:17	5:14	4	2:10	133	6:15	26.20	2:42:09	6:11	6	17:28	171	1:02:10