



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Spengler, Marvin

Club: Hannover
Number: 388

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:42:58

Speed: 9.65 km/h
Running performance: 6:13 min/km

Rank in course/Total: 197 (of 418)

Rank in course/Men: 175 (of 336)

Best time in course: 1:39:59

Rank in category: 14(of 22)

Best time in the category: 1:59:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:06	5:47	10	5:58	155	7:06	3.30	19:06	5:47	10	5:58	155	7:06
Schlüsie	3.10	20:37	6:39	12	5:07	151	7:10	6.40	39:43	6:12	10	9:41	147	14:16
Hermannsklippe	2.60	19:03	7:19	18	5:22	192	7:15	9.00	58:46	6:31	12	15:03	159	21:31
Brocken	3.10	33:04	10:40	21	10:40	233	14:54	12.10	1:31:50	7:35	17	25:43	196	36:25
Eiserner Handwe	3.60	21:59	6:06	18	7:10	264	9:57	15.70	1:53:49	7:14	18	32:53	212	46:22
Schlüsie	4.10	19:20	4:42	17	4:56	201	7:48	19.80	2:13:09	6:43	19	37:49	212	54:10
Loddenke	3.10	14:25	4:39	10	3:10	87	4:27	22.90	2:27:34	6:26	14	40:59	152	58:37
Ilseburg/Markt	3.30	15:24	4:40	8	2:46	71	4:22	26.20	2:42:58	6:13	14	43:45	175	1:02:59