



# 51. Brockenlauf

Ilseburg / 03.09.2022

## Detailed evaluation

**Fuchs, Karsten**

Club: Wiesbaden  
Number: 126

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:43:05

Speed: 9.64 km/h  
Running performance: 6:13 min/km

Rank in course/Total: 200 (of 418)

Rank in course/Men: 178 (of 336)

Best time in course: 1:39:59

Rank in category: 26(of 54)

Best time in the category: 2:10:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:29	5:54	24	2:45	175	7:29	3.30	19:29	5:54	24	2:45	175	7:29
Schlüsie	3.10	20:32	6:37	17	2:18	145	7:05	6.40	40:01	6:15	19	5:33	156	14:34
Hermannsklippe	2.60	18:34	7:08	20	2:54	161	6:46	9.00	58:35	6:30	20	8:27	156	21:20
Brocken	3.10	31:58	10:18	28	8:07	208	13:48	12.10	1:30:33	7:29	26	16:34	179	35:08
Eiserner Handwe	3.60	18:38	5:10	18	3:27	139	6:36	15.70	1:49:11	6:57	25	20:01	166	41:44
Schlüsie	4.10	19:21	4:43	31	4:16	203	7:49	19.80	2:08:32	6:29	26	24:17	173	49:33
Loddenke	3.10	16:08	5:12	24	3:36	159	6:10	22.90	2:24:40	6:19	21	27:53	132	55:43
Ilseburg/Markt	3.30	18:25	5:34	29	5:03	175	7:23	26.20	2:43:05	6:13	26	32:56	178	1:03:06