



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Thiemann, René

Club: Wernigerode
Number: 414

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:44:00

Speed: 9.51 km/h
Running performance: 6:16 min/km

Rank in course/Total: 209 (of 418)

Rank in course/Men: 185 (of 336)

Best time in course: 1:39:59

Rank in category: 32(of 60)

Best time in the category: 2:00:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Total		Pos		Behind		
				Cat.	Men	Cat.	Men	km	Time	min/km	Cat.	Men	Cat.	Men				
Loddenke	3.30	17:26	5:16	11	64	2:56	5:26	3.30	17:26	5:16	11	64	2:56	5:26	11	64	2:56	5:26
Schlüsie	3.10	19:58	6:26	20	120	4:23	6:31	6.40	37:24	5:50	16	95	7:19	11:57	16	95	7:19	11:57
Hermannsklippe	2.60	18:53	7:15	30	176	4:59	7:05	9.00	56:17	6:15	21	122	12:18	19:02	21	122	12:18	19:02
Brocken	3.10	33:35	10:50	44	242	10:49	15:25	12.10	1:29:52	7:25	26	171	23:01	34:27	26	171	23:01	34:27
Eiserner Handwe	3.60	19:17	5:21	31	162	4:58	7:15	15.70	1:49:09	6:57	27	165	26:35	41:42	27	165	26:35	41:42
Schlüsie	4.10	19:43	4:48	38	221	6:12	8:11	19.80	2:08:52	6:30	30	177	32:47	49:53	30	177	32:47	49:53
Loddenke	3.10	16:28	5:18	29	172	4:39	6:30	22.90	2:25:20	6:20	21	137	36:03	56:23	21	137	36:03	56:23
Ilseburg/Markt	3.30	18:40	5:39	30	184	5:50	7:38	26.20	2:44:00	6:15	32	185	43:15	1:04:01	32	185	43:15	1:04:01