



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Twupack, Ronny

Club: Radebeul
Number: 423

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:44:12

Speed: 9.50 km/h
Running performance: 6:16 min/km

Rank in course/Total: 211 (of 418)

Rank in course/Men: 187 (of 336)

Best time in course: 1:39:59

Rank in category: 35(of 50)

Best time in the category: 1:55:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:21	5:51	34	5:55	169	7:21	3.30	19:21	5:51	34	5:55	169	7:21
Schlüsie	3.10	21:01	6:46	39	5:41	178	7:34	6.40	40:22	6:18	36	11:36	166	14:55
Hermannsklippe	2.60	18:52	7:15	38	5:44	174	7:04	9.00	59:14	6:34	37	17:03	168	21:59
Brocken	3.10	29:46	9:36	32	8:53	146	11:36	12.10	1:29:00	7:21	36	25:05	160	33:35
Eiserner Handwe	3.60	22:15	6:10	43	8:36	272	10:13	15.70	1:51:15	7:05	38	32:58	187	43:48
Schlüsie	4.10	19:32	4:45	35	6:49	212	8:00	19.80	2:10:47	6:36	38	39:07	192	51:48
Loddenke	3.10	16:08	5:12	28	5:02	159	6:10	22.90	2:26:55	6:24	27	44:09	146	57:58
Ilseburg/Markt	3.30	17:17	5:14	22	4:58	133	6:15	26.20	2:44:12	6:16	35	49:06	187	1:04:13