



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Thormann, Dominik

Club: Wedemark
Number: 418

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:44:43

Speed: 9.47 km/h
Running performance: 6:17 min/km

Rank in course/Total: 216 (of 418)

Rank in course/Men: 192 (of 336)

Best time in course: 1:39:59

Rank in category: 14(of 22)

Best time in the category: 1:39:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:58	6:03	14	7:58	199	7:58	3.30	19:58	6:03	14	7:58	199	7:58
Schlüsie	3.10	20:54	6:44	14	7:27	166	7:27	6.40	40:52	6:23	14	15:25	176	15:25
Hermannsklippe	2.60	18:34	7:08	14	6:46	161	6:46	9.00	59:26	6:36	14	22:11	176	22:11
Brocken	3.10	30:57	9:59	15	12:47	180	12:47	12.10	1:30:23	7:28	14	34:58	177	34:58
Eiserner Handwe	3.60	19:05	5:18	12	7:03	155	7:03	15.70	1:49:28	6:58	14	42:01	171	42:01
Schlüsie	4.10	19:26	4:44	15	7:54	209	7:54	19.80	2:08:54	6:30	14	49:55	178	49:55
Loddenke	3.10	17:03	5:30	11	7:05	187	7:05	22.90	2:25:57	6:22	9	57:00	140	57:00
Ilseburg/Markt	3.30	18:46	5:41	12	7:44	187	7:44	26.20	2:44:43	6:17	14	1:04:44	192	1:04:44