



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Kreibohm, Sabrina

Club: MTV Goslar
Number: 465

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:45:28

Speed: 9.43 km/h
Running performance: 6:19 min/km

Rank in course/Total: 224 (of 418)

Rank in course/Women: 26 (of 82)

Best time in course: 2:03:06

Rank in category: 9(of 16)

Best time in the category: 2:13:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:00	6:21	8	4:16	34	6:07	3.30	21:00	6:21	8	4:16	34	6:07
Schlüsie	3.10	22:26	7:14	9	4:03	30	6:07	6.40	43:26	6:47	9	7:54	33	12:14
Hermannsklippe	2.60	19:37	7:32	8	3:31	28	5:12	9.00	1:03:03	7:00	9	11:25	31	17:26
Brocken	3.10	32:44	10:33	7	6:58	29	9:54	12.10	1:35:47	7:54	9	18:17	31	27:20
Eiserner Handwe	3.60	18:51	5:14	8	3:32	17	3:48	15.70	1:54:38	7:18	9	21:49	31	31:08
Schlüsie	4.10	18:14	4:26	8	4:09	21	4:18	19.80	2:12:52	6:42	9	25:58	27	34:31
Loddenke	3.10	15:27	4:59	6	2:00	20	3:43	22.90	2:28:19	6:28	6	15:50	20	35:16
Ilseburg/Markt	3.30	17:09	5:11	5	2:02	21	4:05	26.20	2:45:28	6:18	9	31:58	26	42:22