



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Sabados-Loges, Pia

Club: TV Altendorf-Ersdorf
Number: 346

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:45:39

Speed: 9.42 km/h
Running performance: 6:19 min/km

Rank in course/Total: 225 (of 418)

Rank in course/Women: 27 (of 82)

Best time in course: 2:03:06

Rank in category: 6(of 15)

Best time in the category: 2:23:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:39	6:15	6	3:59	30	5:46	3.30	20:39	6:15	6	3:59	30	5:46
Schlüsie	3.10	21:43	7:00	7	2:51	26	5:24	6.40	42:22	6:37	7	6:50	28	11:10
Hermannsklippe	2.60	19:21	7:26	7	2:34	27	4:56	9.00	1:01:43	6:51	7	9:24	29	16:06
Brocken	3.10	32:08	10:21	6	4:42	25	9:18	12.10	1:33:51	7:45	7	14:06	28	25:24
Eiserner Handwe	3.60	20:02	5:33	7	3:28	32	4:59	15.70	1:53:53	7:15	7	16:11	28	30:23
Schlüsie	4.10	19:37	4:47	7	3:07	35	5:41	19.80	2:13:30	6:44	7	18:26	30	35:09
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	32:09	9:44	15	17:31	78	19:05	26.20	2:45:39	6:19	6	22:15	27	42:33