



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Schlottag, Jens

Club: Gaensefurther Sportbewegung
Number: 480

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:47:53

Speed: 9.36 km/h
Running performance: 6:25 min/km

Rank in course/Total: 243 (of 418)

Rank in course/Men: 209 (of 336)

Best time in course: 1:39:59

Rank in category: 26(of 43)

Best time in the category: 1:59:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:34	5:37	17	3:37	138	6:34	3.30	18:34	5:37	17	3:37	138	6:34
Schlüsie	3.10	22:37	7:17	31	6:50	239	9:10	6.40	41:11	6:26	26	10:01	186	15:44
Hermannsklippe	2.60	21:06	8:06	35	7:34	264	9:18	9.00	1:02:17	6:55	27	17:35	218	25:02
Brocken	3.10	33:45	10:53	35	12:02	246	15:35	12.10	1:36:02	7:56	34	29:37	238	40:37
Eiserner Handwe	3.60	19:37	5:26	24	4:45	176	7:35	15.70	1:55:39	7:21	29	34:22	225	48:12
Schlüsie	4.10	19:32	4:45	26	5:17	212	8:00	19.80	2:15:11	6:49	28	39:07	230	56:12
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	32:42	9:54	38	20:46	308	21:40	26.20	2:47:53	6:24	26	48:26	209	1:07:54