



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Zimmer, Stephan

Club: Yamabushi Dojo Halle e.V.
Number: 371

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:48:45

Speed: 9.24 km/h
Running performance: 6:26 min/km

Rank in course/Total: 251 (of 418)

Rank in course/Men: 217 (of 336)

Best time in course: 1:39:59

Rank in category: 27(of 43)

Best time in the category: 1:59:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:02	6:04	29	5:05	202	8:02	3.30	20:02	6:04	29	5:05	202	8:02
Schlüsie	3.10	22:07	7:08	28	6:20	217	8:40	6.40	42:09	6:35	27	10:59	216	16:42
Hermannsklippe	2.60	20:10	7:45	29	6:38	240	8:22	9.00	1:02:19	6:55	28	17:37	219	25:04
Brocken	3.10	32:57	10:37	29	11:14	225	14:47	12.10	1:35:16	7:52	30	28:51	227	39:51
Eiserner Handwe	3.60	21:10	5:52	31	6:18	238	9:08	15.70	1:56:26	7:24	32	35:09	233	48:59
Schlüsie	4.10	19:49	4:50	29	5:34	228	8:17	19.80	2:16:15	6:52	30	40:11	233	57:16
Loddenke	3.10	15:24	4:58	19	3:57	133	5:26	22.90	2:31:39	6:37	23	44:08	177	1:02:42
Ilseburg/Markt	3.30	17:06	5:10	19	5:10	130	6:04	26.20	2:48:45	6:26	27	49:18	217	1:08:46