



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Benn, Nadine

Club: Weil der Stadt
Number: 59

Course: 26.20 km
26,2 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 2:49:04

Speed: 9.23 km/h
Running performance: 6:27 min/km

Rank in course/Total: 253 (of 418)

Rank in course/Women: 35 (of 82)

Best time in course: 2:03:06

Rank in category: 5(of 8)

Best time in the category: 2:06:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:11	6:06	4	5:18	24	5:18	3.30	20:11	6:06	4	5:18	24	5:18
Schlüsie	3.10	21:15	6:51	4	4:00	19	4:56	6.40	41:26	6:28	4	9:18	23	10:14
Hermannsklippe	2.60	19:37	7:32	5	4:32	28	5:12	9.00	1:01:03	6:46	4	13:50	25	15:26
Brocken	3.10	35:03	11:18	5	10:13	45	12:13	12.10	1:36:06	7:56	5	24:03	33	27:39
Eiserner Handwe	3.60	20:12	5:36	4	5:08	34	5:09	15.70	1:56:18	7:24	5	29:08	33	32:48
Schlüsie	4.10	19:48	4:49	3	5:52	38	5:52	19.80	2:16:06	6:52	5	34:47	34	37:45
Loddenke	3.10	15:35	5:01	3	3:51	23	3:51	22.90	2:31:41	6:37	5	38:38	28	38:38
Ilseburg/Markt	3.30	17:23	5:16	3	4:19	24	4:19	26.20	2:49:04	6:27	5	42:57	35	45:58