



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

McPherron, Shannon

Club: Leipzig

Number: 269

Course: 26.20 km

26,2 km - Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:50:50

Speed: 9.20 km/h

Running performance: 6:31 min/km

Rank in course/Total: 261 (of 418)

Rank in course/Men: 225 (of 336)

Best time in course: 1:39:59

Rank in category: 30(of 54)

Best time in the category: 2:10:09

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 20:36 | 6:14 | 35 | 3:52 | 230 | 8:36 | 3.30 | 20:36 | 6:14 | 35 | 3:52 | 230 | 8:36 |
| Schlüsie | 3.10 | 19:54 | 6:25 | 14 | 1:40 | 116 | 6:27 | 6.40 | 40:30 | 6:19 | 22 | 6:02 | 170 | 15:03 |
| Hermannsklippe | 2.60 | 17:04 | 6:33 | 11 | 1:24 | 89 | 5:16 | 9.00 | 57:34 | 6:23 | 19 | 7:26 | 139 | 20:19 |
| Brocken | 3.10 | 29:05 | 9:22 | 18 | 5:14 | 128 | 10:55 | 12.10 | 1:26:39 | 7:09 | 17 | 12:40 | 130 | 31:14 |
| Eiserner Handwe | 3.60 | 24:51 | 6:54 | 51 | 9:40 | 313 | 12:49 | 15.70 | 1:51:30 | 7:06 | 27 | 22:20 | 189 | 44:03 |
| Schlüsie | 4.10 | 23:27 | 5:43 | 50 | 8:22 | 308 | 11:55 | 19.80 | 2:14:57 | 6:48 | 30 | 30:42 | 226 | 55:58 |
| Loddenke | 3.10 | 17:47 | 5:44 | 34 | 5:15 | 212 | 7:49 | 22.90 | 2:32:44 | 6:40 | 25 | 35:57 | 181 | 1:03:47 |
| Ilseburg/Markt | 3.30 | 18:06 | 5:29 | 26 | 4:44 | 163 | 7:04 | 26.20 | 2:50:50 | 6:31 | 30 | 40:41 | 225 | 1:10:51 |