



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Thiem, Steffen

Club: Berlin
Number: 413

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:51:56

Speed: 9.14 km/h
Running performance: 6:34 min/km

Rank in course/Total: 270 (of 418)

Rank in course/Men: 233 (of 336)

Best time in course: 1:39:59

Rank in category: 31(of 54)

Best time in the category: 2:10:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:46	6:35	44	5:02	276	9:46	3.30	21:46	6:35	44	5:02	276	9:46
Schlüsie	3.10	22:09	7:08	30	3:55	218	8:42	6.40	43:55	6:51	41	9:27	253	18:28
Hermannsklippe	2.60	19:29	7:29	28	3:49	212	7:41	9.00	1:03:24	7:02	36	13:16	239	26:09
Brocken	3.10	36:44	11:50	42	12:53	292	18:34	12.10	1:40:08	8:16	41	26:09	266	44:43
Eiserner Handwe	3.60	20:39	5:44	30	5:28	222	8:37	15.70	2:00:47	7:41	38	31:37	258	53:20
Schlüsie	4.10	18:41	4:33	29	3:36	184	7:09	19.80	2:19:28	7:02	36	35:13	250	1:00:29
Loddenke	3.10	15:16	4:55	17	2:44	127	5:18	22.90	2:34:44	6:45	27	37:57	188	1:05:47
Ilseburg/Markt	3.30	17:12	5:12	22	3:50	132	6:10	26.20	2:51:56	6:33	31	41:47	233	1:11:57