



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Teske, Jens

Club: Ilseburg
Number: 409

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:52:51

Speed: 9.03 km/h
Running performance: 6:36 min/km

Rank in course/Total: 275 (of 418)

Rank in course/Men: 238 (of 336)

Best time in course: 1:39:59

Rank in category: 33(of 43)

Best time in the category: 1:59:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:57	6:02	27	5:00	197	7:57	3.30	19:57	6:02	27	5:00	197	7:57
Schlüsie	3.10	22:19	7:11	29	6:32	225	8:52	6.40	42:16	6:36	28	11:06	219	16:49
Hermannsklippe	2.60	20:48	8:00	34	7:16	256	9:00	9.00	1:03:04	7:00	31	18:22	233	25:49
Brocken	3.10	32:31	10:29	28	10:48	217	14:21	12.10	1:35:35	7:53	33	29:10	230	40:10
Eiserner Handwe	3.60	20:23	5:39	25	5:31	214	8:21	15.70	1:55:58	7:23	30	34:41	230	48:31
Schlüsie	4.10	20:10	4:55	32	5:55	241	8:38	19.80	2:16:08	6:52	29	40:04	232	57:09
Loddenke	3.10	16:40	5:22	24	5:13	179	6:42	22.90	2:32:48	6:40	25	45:17	182	1:03:51
Ilseburg/Markt	3.30	20:03	6:04	29	8:07	215	9:01	26.20	2:52:51	6:35	33	53:24	238	1:12:52