



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Röhling, Benni

Club: Stapelburg
Number: 336

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:53:19

Speed: 9.00 km/h
Running performance: 6:37 min/km

Rank in course/Total: 280 (of 418)

Rank in course/Men: 243 (of 336)

Best time in course: 1:39:59

Rank in category: 16(of 22)

Best time in the category: 1:39:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:29	5:54	12	7:29	175	7:29	3.30	19:29	5:54	12	7:29	175	7:29
Schlüsie	3.10	22:18	7:11	16	8:51	224	8:51	6.40	41:47	6:31	16	16:20	208	16:20
Hermannsklippe	2.60	21:14	8:09	18	9:26	267	9:26	9.00	1:03:01	7:00	16	25:46	231	25:46
Brocken	3.10	34:18	11:03	16	16:08	253	16:08	12.10	1:37:19	8:02	15	41:54	246	41:54
Eiserner Handwe	3.60	22:13	6:10	18	10:11	270	10:11	15.70	1:59:32	7:36	16	52:05	250	52:05
Schlüsie	4.10	19:40	4:47	16	8:08	219	8:08	19.80	2:19:12	7:01	16	1:00:13	249	1:00:13
Loddenke	3.10	16:19	5:15	9	6:21	168	6:21	22.90	2:35:31	6:47	11	1:06:34	194	1:06:34
Ilseburg/Markt	3.30	17:48	5:23	9	6:46	155	6:46	26.20	2:53:19	6:36	16	1:13:20	243	1:13:20