



# 51. Brockenlauf

Ilseburg / 03.09.2022

## Detailed evaluation

**Uhlig, Dirk**

Club: Burg bei Magdeburg  
Number: 424

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:53:33

Speed: 8.99 km/h  
Running performance: 6:37 min/km

Rank in course/Total: 282 (of 418)

Rank in course/Men: 245 (of 336)

Best time in course: 1:39:59

Rank in category: 36(of 54)

Best time in the category: 2:10:09

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke           | 3.30     | 19:54      | 6:01         | 28          | 3:10        | 194     | 7:54       | 3.30          | 19:54      | 6:01         | 28       | 3:10        | 194     | 7:54       |
| Schlüsie           | 3.10     | 23:12      | 7:29         | 41          | 4:58        | 265     | 9:45       | 6.40          | 43:06      | 6:44         | 38       | 8:38        | 241     | 17:39      |
| Hermannsklippe     | 2.60     | 20:55      | 8:02         | 38          | 5:15        | 258     | 9:07       | 9.00          | 1:04:01    | 7:06         | 40       | 13:53       | 249     | 26:46      |
| Brocken            | 3.10     | 34:41      | 11:11        | 36          | 10:50       | 262     | 16:31      | 12.10         | 1:38:42    | 8:09         | 38       | 24:43       | 258     | 43:17      |
| Eiserner Handwe    | 3.60     | 21:50      | 6:03         | 37          | 6:39        | 259     | 9:48       | 15.70         | 2:00:32    | 7:40         | 37       | 31:22       | 254     | 53:05      |
| Schlüsie           | 4.10     | 19:22      | 4:43         | 32          | 4:17        | 204     | 7:50       | 19.80         | 2:19:54    | 7:03         | 38       | 35:39       | 255     | 1:00:55    |
| Loddenke           | 3.10     | fehlt!     | -            | -           | -           | -       | -          | 22.90         | -          | -            | -        | -           | -       | -          |
| Ilseburg/Markt     | 3.30     | 33:39      | 10:11        | 54          | 20:17       | 314     | 22:37      | 26.20         | 2:53:33    | 6:37         | 36       | 43:24       | 245     | 1:13:34    |