



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Uhlig, Dirk

Club: Burg bei Magdeburg
Number: 424

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:53:33

Speed: 9.06 km/h
Running performance: 6:37 min/km

Rank in course/Total: 282 (of 418)

Rank in course/Men: 245 (of 336)

Best time in course: 1:39:59

Rank in category: 36(of 54)

Best time in the category: 2:10:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:54	6:01	28	3:10	194	7:54	3.30	19:54	6:01	28	3:10	194	7:54
Schlüsie	3.10	23:12	7:29	41	4:58	265	9:45	6.40	43:06	6:44	38	8:38	241	17:39
Hermannsklippe	2.60	20:55	8:02	38	5:15	258	9:07	9.00	1:04:01	7:06	40	13:53	249	26:46
Brocken	3.10	34:41	11:11	36	10:50	262	16:31	12.10	1:38:42	8:09	38	24:43	258	43:17
Eiserner Handwe	3.60	21:50	6:03	37	6:39	259	9:48	15.70	2:00:32	7:40	37	31:22	254	53:05
Schlüsie	4.10	19:22	4:43	32	4:17	204	7:50	19.80	2:19:54	7:03	38	35:39	255	1:00:55
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	33:39	10:11	54	20:17	314	22:37	26.20	2:53:33	6:37	36	43:24	245	1:13:34