



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Schumann, Marcus

Club: Braunschweig
Number: 374

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:55:00

Speed: 8.91 km/h
Running performance: 6:41 min/km

Rank in course/Total: 288 (of 418)

Rank in course/Men: 250 (of 336)

Best time in course: 1:39:59

Rank in category: 45(of 60)

Best time in the category: 2:00:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:28	6:30	48	6:58	267	9:28	3.30	21:28	6:30	48	6:58	267	9:28
Schlüsie	3.10	23:01	7:25	50	7:26	261	9:34	6.40	44:29	6:57	49	14:24	264	19:02
Hermannsklippe	2.60	21:31	8:16	50	7:37	270	9:43	9.00	1:06:00	7:19	52	22:01	271	28:45
Brocken	3.10	34:39	11:10	49	11:53	259	16:29	12.10	1:40:39	8:19	51	33:48	269	45:14
Eiserner Handwe	3.60	20:20	5:38	41	6:01	212	8:18	15.70	2:00:59	7:42	50	38:25	259	53:32
Schlüsie	4.10	18:38	4:32	32	5:07	181	7:06	19.80	2:19:37	7:03	46	43:32	251	1:00:38
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	35:23	10:43	56	22:33	321	24:21	26.20	2:55:00	6:40	45	54:15	250	1:15:01