



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Jensen, Brian

Club: Rødkærsbro
Number: 194

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:59:26

Speed: 8.76 km/h
Running performance: 6:51 min/km

Rank in course/Total: 307 (of 418)

Rank in course/Men: 264 (of 336)

Best time in course: 1:39:59

Rank in category: 39(of 54)

Best time in the category: 2:10:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:51	6:37	46	5:07	279	9:51	3.30	21:51	6:37	46	5:07	279	9:51
Schlüsie	3.10	22:46	7:20	39	4:32	249	9:19	6.40	44:37	6:58	43	10:09	269	19:10
Hermannsklippe	2.60	20:43	7:58	37	5:03	252	8:55	9.00	1:05:20	7:15	42	15:12	266	28:05
Brocken	3.10	34:41	11:11	36	10:50	262	16:31	12.10	1:40:01	8:15	40	26:02	265	44:36
Eiserner Handwe	3.60	21:14	5:53	33	6:03	240	9:12	15.70	2:01:15	7:43	40	32:05	262	53:48
Schlüsie	4.10	20:21	4:57	35	5:16	252	8:49	19.80	2:21:36	7:09	39	37:21	262	1:02:37
Loddenke	3.10	17:27	5:37	32	4:55	203	7:29	22.90	2:39:03	6:56	33	42:16	205	1:10:06
Ilseburg/Markt	3.30	20:23	6:10	35	7:01	223	9:21	26.20	2:59:26	6:50	39	49:17	264	1:19:27