



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

String, Philipp

Club: Stader SV
Number: 402

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:59:29

Speed: 8.69 km/h
Running performance: 6:51 min/km

Rank in course/Total: 308 (of 418)

Rank in course/Men: 265 (of 336)

Best time in course: 1:39:59

Rank in category: 18(of 29)

Best time in the category: 2:11:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:10	5:48	12	2:39	157	7:10	3.30	19:10	5:48	12	2:39	157	7:10
Schlüsie	3.10	20:57	6:45	12	3:34	171	7:30	6.40	40:07	6:16	10	6:13	159	14:40
Hermannsklippe	2.60	19:11	7:22	13	4:03	200	7:23	9.00	59:18	6:35	11	10:16	171	22:03
Brocken	3.10	31:34	10:10	14	6:35	198	13:24	12.10	1:30:52	7:30	12	16:51	183	35:27
Eiserner Handwe	3.60	20:51	5:47	20	5:26	233	8:49	15.70	1:51:43	7:06	14	22:17	195	44:16
Schlüsie	4.10	20:00	4:52	18	5:38	234	8:28	19.80	2:11:43	6:39	15	27:27	200	52:44
Loddenke	3.10	21:39	6:59	23	9:07	259	11:41	22.90	2:33:22	6:41	16	36:34	183	1:04:25
Ilseburg/Markt	3.30	26:07	7:54	24	11:57	269	15:05	26.20	2:59:29	6:51	18	48:05	265	1:19:30