



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Händel, Thomas

Club: Jena

Number: 485

Course: 26.20 km

26,2 km - Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:59:54

Speed: 8.74 km/h

Running performance: 6:52 min/km

Rank in course/Total: 310 (of 418)

Rank in course/Men: 266 (of 336)

Best time in course: 1:39:59

Rank in category: 38(of 43)

Best time in the category: 1:59:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:44	6:16	31	5:47	236	8:44	3.30	20:44	6:16	31	5:47	236	8:44
Schlüsie	3.10	21:35	6:57	24	5:48	198	8:08	6.40	42:19	6:36	29	11:09	221	16:52
Hermannsklippe	2.60	21:06	8:06	35	7:34	264	9:18	9.00	1:03:25	7:02	32	18:43	240	26:10
Brocken	3.10	31:52	10:16	26	10:09	204	13:42	12.10	1:35:17	7:52	32	28:52	229	39:52
Eiserner Handwe	3.60	22:39	6:17	35	7:47	282	10:37	15.70	1:57:56	7:30	34	36:39	242	50:29
Schlüsie	4.10	22:39	5:31	39	8:24	298	11:07	19.80	2:20:35	7:06	35	44:31	258	1:01:36
Loddenke	3.10	19:27	6:16	30	8:00	234	9:29	22.90	2:40:02	6:59	29	52:31	207	1:11:05
Ilseburg/Markt	3.30	19:52	6:01	28	7:56	211	8:50	26.20	2:59:54	6:51	38	1:00:27	266	1:19:55