



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Löhe-Husemann, Kirsten

Club: LT-Lieth Paderborn
Number: 255

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 3:00:21

Speed: 8.72 km/h
Running performance: 6:53 min/km

Rank in course/Total: 312 (of 418)

Rank in course/Women: 45 (of 82)

Best time in course: 2:03:06

Rank in category: 3(of 8)

Best time in the category: 2:38:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:12	6:07	2	1:00	25	5:19	3.30	20:12	6:07	2	1:00	25	5:19
Schlüsie	3.10	23:25	7:33	3	2:05	38	7:06	6.40	43:37	6:48	3	3:05	34	12:25
Hermannsklippe	2.60	22:13	8:32	4	3:55	51	7:48	9.00	1:05:50	7:18	3	4:55	37	20:13
Brocken	3.10	38:03	12:16	4	9:37	59	15:13	12.10	1:43:53	8:35	4	13:46	49	35:26
Eiserner Handwe	3.60	20:40	5:44	4	1:33	42	5:37	15.70	2:04:33	7:55	3	15:19	44	41:03
Schlüsie	4.10	20:18	4:57	5	1:55	45	6:22	19.80	2:24:51	7:18	3	17:14	44	46:30
Loddenke	3.10	16:35	5:20	3	1:41	37	4:51	22.90	2:41:26	7:02	2	18:55	37	48:23
Ilseburg/Markt	3.30	18:55	5:43	5	2:46	43	5:51	26.20	3:00:21	6:53	3	21:41	45	57:15