



# 51. Brockenlauf

Ilseburg / 03.09.2022

## Detailed evaluation

**Tedt, Thorsten**

Club: Siek  
Number: 408

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

**Total time: 3:01:24**

Speed: 8.60 km/h  
Running performance: 6:55 min/km

Rank in course/Total: 315 (of 418)

Rank in course/Men: 270 (of 336)

Best time in course: 1:39:59

Rank in category: 51(of 60)

Best time in the category: 2:00:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:59	6:03	35	5:29	200	7:59	3.30	19:59	6:03	35	5:29	200	7:59
Schlüsie	3.10	22:30	7:15	43	6:55	230	9:03	6.40	42:29	6:38	41	12:24	227	17:02
Hermannsklippe	2.60	20:51	8:01	49	6:57	257	9:03	9.00	1:03:20	7:02	43	19:21	238	26:05
Brocken	3.10	35:58	11:36	52	13:12	281	17:48	12.10	1:39:18	8:12	49	32:27	264	43:53
Eiserner Handwe	3.60	23:32	6:32	54	9:13	299	11:30	15.70	2:02:50	7:49	53	40:16	274	55:23
Schlüsie	4.10	21:25	5:13	52	7:54	280	9:53	19.80	2:24:15	7:17	53	48:10	272	1:05:16
Loddenke	3.10	17:26	5:37	38	5:37	202	7:28	22.90	2:41:41	7:03	41	52:24	211	1:12:44
Ilseburg/Markt	3.30	19:43	5:58	37	6:53	206	8:41	26.20	3:01:24	6:55	51	1:00:39	270	1:21:25