



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Glodek, Viola

Club: Berlin
Number: 139

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 3:02:36

Speed: 8.54 km/h
Running performance: 6:58 min/km

Rank in course/Total: 321 (of 418)

Rank in course/Women: 49 (of 82)

Best time in course: 2:03:06

Rank in category: 13(of 16)

Best time in the category: 2:13:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:18	6:27	10	4:34	38	6:25	3.30	21:18	6:27	10	4:34	38	6:25
Schlüsie	3.10	23:21	7:31	10	4:58	37	7:02	6.40	44:39	6:58	10	9:07	37	13:27
Hermannsklippe	2.60	21:36	8:18	11	5:30	43	7:11	9.00	1:06:15	7:21	10	14:37	39	20:38
Brocken	3.10	37:14	12:00	14	11:28	52	14:24	12.10	1:43:29	8:33	12	25:59	48	35:02
Eiserner Handwe	3.60	21:56	6:05	11	6:37	51	6:53	15.70	2:05:25	7:59	13	32:36	50	41:55
Schlüsie	4.10	20:49	5:04	11	6:44	49	6:53	19.80	2:26:14	7:23	13	39:20	49	47:53
Loddenke	3.10	17:34	5:39	11	4:07	48	5:50	22.90	2:43:48	7:09	10	31:19	42	50:45
Ilseburg/Markt	3.30	18:48	5:41	9	3:41	41	5:44	26.20	3:02:36	6:58	13	49:06	49	59:30