



# 51. Brockenlauf

Ilseburg / 03.09.2022

## Detailed evaluation

**Kretschmer, Ralf**

Club: Hansestadt Stendal  
Number: 228

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 3:05:10

Speed: 8.49 km/h  
Running performance: 7:04 min/km

Rank in course/Total: 331 (of 418)

Rank in course/Men: 281 (of 336)

Best time in course: 1:39:59

Rank in category: 43(of 54)

Best time in the category: 2:10:09

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Loddenke	3.30	19:16	5:50	22	161	2:32	7:16	3.30	19:16	5:50	22	161	2:32	7:16
Schlüsie	3.10	22:54	7:23	40	257	4:40	9:27	6.40	42:10	6:35	31	217	7:42	16:43
Hermannsklippe	2.60	23:25	9:00	49	313	7:45	11:37	9.00	1:05:35	7:17	43	268	15:27	28:20
Brocken	3.10	34:54	11:15	39	266	11:03	16:44	12.10	1:40:29	8:18	42	267	26:30	45:04
Eiserner Handwe	3.60	24:20	6:45	48	308	9:09	12:18	15.70	2:04:49	7:57	44	284	35:39	57:22
Schlüsie	4.10	22:19	5:26	44	289	7:14	10:47	19.80	2:27:08	7:25	44	289	42:53	1:08:09
Loddenke	3.10	19:37	6:19	41	236	7:05	9:39	22.90	2:46:45	7:16	38	227	49:58	1:17:48
Ilseburg/Markt	3.30	18:25	5:34	29	175	5:03	7:23	26.20	3:05:10	7:04	43	281	55:01	1:25:11