



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

Stoisiek, Frank

Club: CLUB PIONEROS GERMANY  
Number: 398

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 3:08:28

Speed: 8.28 km/h  
Running performance: 7:11 min/km

Rank in course/Total: 346 (of 418)

Rank in course/Men: 292 (of 336)

Best time in course: 1:39:59

Rank in category: 22(of 29)

Best time in the category: 2:11:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:43	6:53	25	6:12	306	10:43	3.30	22:43	6:53	25	6:12	306	10:43
Schlüsie	3.10	25:40	8:16	25	8:17	307	12:13	6.40	48:23	7:33	25	14:29	310	22:56
Hermannsklippe	2.60	23:18	8:57	24	8:10	310	11:30	9.00	1:11:41	7:57	25	22:39	312	34:26
Brocken	3.10	38:09	12:18	23	13:10	314	19:59	12.10	1:49:50	9:04	25	35:49	314	54:25
Eiserner Handwe	3.60	20:41	5:44	19	5:16	224	8:39	15.70	2:10:31	8:18	23	41:05	305	1:03:04
Schlüsie	4.10	19:45	4:49	17	5:23	224	8:13	19.80	2:30:16	7:35	22	46:00	297	1:11:17
Loddenke	3.10	17:10	5:32	16	4:38	193	7:12	22.90	2:47:26	7:18	18	50:38	231	1:18:29
Ilseburg/Markt	3.30	21:02	6:22	19	6:52	230	10:00	26.20	3:08:28	7:11	22	57:04	292	1:28:29