



# 51. Brockenlauf

Ilseburg / 03.09.2022

## Detailed evaluation

**Schlottag, Nicole**

Club: Gaensefurther Sportbewegung  
Number: 359

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 3:10:15

Speed: 8.20 km/h  
Running performance: 7:16 min/km

Rank in course/Total: 350 (of 418)

Rank in course/Women: 58 (of 82)

Best time in course: 2:03:06

Rank in category: 10(of 15)

Best time in the category: 2:23:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:28	6:30	10	4:48	41	6:35	3.30	21:28	6:30	10	4:48	41	6:35
Schlüsie	3.10	25:37	8:15	11	6:45	57	9:18	6.40	47:05	7:21	11	11:33	53	15:53
Hermannsklippe	2.60	23:27	9:01	11	6:40	56	9:02	9.00	1:10:32	7:50	11	18:13	54	24:55
Brocken	3.10	38:24	12:23	11	10:58	62	15:34	12.10	1:48:56	9:00	11	29:11	58	40:29
Eiserner Handwe	3.60	21:54	6:04	10	5:20	49	6:51	15.70	2:10:50	8:20	11	33:08	57	47:20
Schlüsie	4.10	20:54	5:05	10	4:24	50	6:58	19.80	2:31:44	7:39	10	36:40	56	53:23
Loddenke	3.10	18:00	5:48	8	4:18	52	6:16	22.90	2:49:44	7:24	8	40:58	48	56:41
Ilseburg/Markt	3.30	20:31	6:13	9	5:53	57	7:27	26.20	3:10:15	7:15	10	46:51	58	1:07:09