



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Reich, Steffi

Club: Blau Weiß Hettstedt
Number: 325

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 3:13:23

Speed: 8.07 km/h
Running performance: 7:23 min/km

Rank in course/Total: 361 (of 418)

Rank in course/Women: 61 (of 82)

Best time in course: 2:03:06

Rank in category: 7(of 8)

Best time in the category: 2:38:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	23:25	7:05	8	4:13	68	8:32	3.30	23:25	7:05	8	4:13	68	8:32
Schlüsie	3.10	26:47	8:38	8	5:27	67	10:28	6.40	50:12	7:50	8	9:40	68	19:00
Hermannsklippe	2.60	24:38	9:28	6	6:20	65	10:13	9.00	1:14:50	8:18	7	13:55	66	29:13
Brocken	3.10	38:41	12:28	6	10:15	64	15:51	12.10	1:53:31	9:22	6	23:24	64	45:04
Eiserner Handwe	3.60	22:28	6:14	6	3:21	57	7:25	15.70	2:15:59	8:39	6	26:45	65	52:29
Schlüsie	4.10	21:24	5:13	6	3:01	55	7:28	19.80	2:37:23	7:56	7	29:46	64	59:02
Loddenke	3.10	17:14	5:33	4	2:20	43	5:30	22.90	2:54:37	7:37	6	32:06	54	1:01:34
Ilseburg/Markt	3.30	18:46	5:41	4	2:37	40	5:42	26.20	3:13:23	7:22	7	34:43	61	1:10:17