



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Holub, Ulrich

Club: SV Kyffhäuser
Number: 18

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:14:40

Speed: 8.01 km/h
Running performance: 7:26 min/km

Rank in course/Total: 364 (of 418)

Rank in course/Men: 303 (of 336)

Best time in course: 1:39:59

Rank in category: 48(of 54)

Best time in the category: 2:10:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:56	6:20	38	4:12	242	8:56	3.30	20:56	6:20	38	4:12	242	8:56
Schlüsie	3.10	25:15	8:08	45	7:01	303	11:48	6.40	46:11	7:12	45	11:43	296	20:44
Hermannsklippe	2.60	23:07	8:53	46	7:27	307	11:19	9.00	1:09:18	7:41	45	19:10	301	32:03
Brocken	3.10	36:52	11:53	43	13:01	295	18:42	12.10	1:46:10	8:46	45	32:11	301	50:45
Eiserner Handwe	3.60	21:08	5:52	32	5:57	237	9:06	15.70	2:07:18	8:06	45	38:08	296	59:51
Schlüsie	4.10	21:22	5:12	39	6:17	276	9:50	19.80	2:28:40	7:30	45	44:25	294	1:09:41
Loddenke	3.10	21:16	6:51	44	8:44	256	11:18	22.90	2:49:56	7:25	39	53:09	235	1:20:59
Ilseburg/Markt	3.30	24:44	7:29	46	11:22	265	13:42	26.20	3:14:40	7:25	48	1:04:31	303	1:34:41