



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Schmalz, Holger

Club: Brockenlaufverein
Number: 30

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:16:28

Speed: 8.00 km/h
Running performance: 7:30 min/km

Rank in course/Total: 370 (of 418)

Rank in course/Men: 307 (of 336)

Best time in course: 1:39:59

Rank in category: 25(of 29)

Best time in the category: 2:11:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:05	6:23	20	4:34	247	9:05	3.30	21:05	6:23	20	4:34	247	9:05
Schlüsie	3.10	24:19	7:50	20	6:56	290	10:52	6.40	45:24	7:05	21	11:30	282	19:57
Hermannsklippe	2.60	22:44	8:44	23	7:36	301	10:56	9.00	1:08:08	7:34	20	19:06	295	30:53
Brocken	3.10	38:31	12:25	24	13:32	317	20:21	12.10	1:46:39	8:48	23	32:38	305	51:14
Eiserner Handwe	3.60	26:11	7:16	26	10:46	322	14:09	15.70	2:12:50	8:27	24	43:24	311	1:05:23
Schlüsie	4.10	22:40	5:31	23	8:18	299	11:08	19.80	2:35:30	7:51	24	51:14	312	1:16:31
Loddenke	3.10	18:57	6:06	21	6:25	227	8:59	22.90	2:54:27	7:37	20	57:39	247	1:25:30
Ilseburg/Markt	3.30	22:01	6:40	21	7:51	244	10:59	26.20	3:16:28	7:29	25	1:05:04	307	1:36:29