



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Soyk, Dagmar

Club: Lauffeuer Buntekuh Lübeck
Number: 386

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 3:16:53

Speed: 7.98 km/h
Running performance: 7:31 min/km

Rank in course/Total: 374 (of 418)

Rank in course/Women: 64 (of 82)

Best time in course: 2:03:06

Rank in category: 2(of 4)

Best time in the category: 3:09:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	23:13	7:02	2	2:40	64	8:20	3.30	23:13	7:02	2	2:40	64	8:20
Schlüsie	3.10	26:00	8:23	1	-	59	9:41	6.40	49:13	7:41	2	1:10	62	18:01
Hermannsklippe	2.60	23:33	9:03	1	-	59	9:08	9.00	1:12:46	8:05	2	1:07	60	27:09
Brocken	3.10	38:31	12:25	2	2:31	63	15:41	12.10	1:51:17	9:11	2	3:38	63	42:50
Eiserner Handwe	3.60	24:36	6:50	2	2:11	67	9:33	15.70	2:15:53	8:39	2	5:49	64	52:23
Schlüsie	4.10	23:37	5:45	2	4:00	68	9:41	19.80	2:39:30	8:03	2	9:49	66	1:01:09
Loddenke	3.10	17:38	5:41	2	0:37	50	5:54	22.90	2:57:08	7:44	2	10:26	58	1:04:05
Ilseburg/Markt	3.30	19:45	5:59	1	-	50	6:41	26.20	3:16:53	7:30	2	7:13	64	1:13:47