



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Laue, Tino

Club: Kissenbrück
Number: 476

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:17:21

Speed: 7.90 km/h
Running performance: 7:32 min/km

Rank in course/Total: 375 (of 418)

Rank in course/Men: 310 (of 336)

Best time in course: 1:39:59

Rank in category: 50(of 50)

Best time in the category: 1:55:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
Loddenke	3.30	24:12	7:20	50	10:46	325	12:12	3.30	24:12	7:20	50	10:46	325	12:12			
Schlüsie	3.10	26:02	8:23	50	10:42	313	12:35	6.40	50:14	7:50	50	21:28	322	24:47			
Hermannsklippe	2.60	21:41	8:20	49	8:33	279	9:53	9.00	1:11:55	7:59	50	29:44	314	34:40			
Brocken	3.10	33:53	10:55	43	13:00	248	15:43	12.10	1:45:48	8:44	49	41:53	299	50:23			
Eiserner Handwe	3.60	22:51	6:20	48	9:12	289	10:49	15.70	2:08:39	8:11	48	50:22	299	1:01:12			
Schlüsie	4.10	22:51	5:34	49	10:08	302	11:19	19.80	2:31:30	7:39	49	59:50	300	1:12:31			
Loddenke	3.10	21:38	6:58	38	10:32	258	11:40	22.90	2:53:08	7:33	37	1:10:22	242	1:24:11			
Ilseburg/Markt	3.30	24:13	7:20	38	11:54	259	13:11	26.20	3:17:21	7:31	50	1:22:15	310	1:37:22			