



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Kosuch, Dieter

Club: Finanz Informatik
Number: 222

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:20:31

Speed: 7.78 km/h
Running performance: 7:39 min/km

Rank in course/Total: 380 (of 418)

Rank in course/Men: 313 (of 336)

Best time in course: 1:39:59

Rank in category: 50(of 54)

Best time in the category: 2:10:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:03	6:22	39	4:19	245	9:03	3.30	21:03	6:22	39	4:19	245	9:03
Schlüsie	3.10	25:52	8:20	48	7:38	308	12:25	6.40	46:55	7:19	47	12:27	302	21:28
Hermannsklippe	2.60	24:24	9:23	51	8:44	320	12:36	9.00	1:11:19	7:55	49	21:11	311	34:04
Brocken	3.10	37:58	12:14	51	14:07	311	19:48	12.10	1:49:17	9:01	50	35:18	312	53:52
Eiserner Handwe	3.60	22:48	6:19	44	7:37	287	10:46	15.70	2:12:05	8:24	50	42:55	309	1:04:38
Schlüsie	4.10	22:31	5:29	47	7:26	294	10:59	19.80	2:34:36	7:48	50	50:21	307	1:15:37
Loddenke	3.10	21:20	6:52	45	8:48	257	11:22	22.90	2:55:56	7:40	44	59:09	249	1:26:59
Ilseburg/Markt	3.30	24:35	7:26	45	11:13	263	13:33	26.20	3:20:31	7:39	50	1:10:22	313	1:40:32