



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

Doll, Achim

Club: ITC

Number: 98

Course: 26.20 km

26,2 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:27:16

Speed: 7.58 km/h

Running performance: 7:55 min/km

Rank in course/Total: 390 (of 418)

Rank in course/Men: 320 (of 336)

Best time in course: 1:39:59

Rank in category: 57(of 60)

Best time in the category: 2:00:45

Intermediate times

Stage score

Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Loddenke        | 3.30        | 22:29         | 6:48            | 55          | 7:59           | 299         | 10:29         | 3.30          | 22:29         | 6:48            | 55          | 7:59           | 299        | 10:29         |
| Schlüsie        | 3.10        | 27:05         | 8:44            | 58          | 11:30          | 321         | 13:38         | 6.40          | 49:34         | 7:44            | 57          | 19:29          | 317        | 24:07         |
| Hermannsklippe  | 2.60        | 25:34         | 9:49            | 59          | 11:40          | 328         | 13:46         | 9.00          | 1:15:08       | 8:20            | 58          | 31:09          | 324        | 37:53         |
| Brocken         | 3.10        | 39:54         | 12:52           | 59          | 17:08          | 326         | 21:44         | 12.10         | 1:55:02       | 9:30            | 58          | 48:11          | 324        | 59:37         |
| Eiserner Handwe | 3.60        | 26:52         | 7:27            | 59          | 12:33          | 328         | 14:50         | 15.70         | 2:21:54       | 9:02            | 59          | 59:20          | 325        | 1:14:27       |
| Schlüsie        | 4.10        | 24:40         | 6:00            | 58          | 11:09          | 321         | 13:08         | 19.80         | 2:46:34       | 8:24            | 58          | 1:10:29        | 323        | 1:27:35       |
| Loddenke        | 3.10        | fehlt!        | -               | -           | -              | -           | -             | 22.90         | -             | -               | -           | -              | -          | -             |
| Ilseburg/Markt  | 3.30        | 40:42         | 12:20           | 59          | 27:52          | 332         | 29:40         | 26.20         | 3:27:16       | 7:54            | 57          | 1:26:31        | 320        | 1:47:17       |