



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

Gemm, Karsten

Club: Hann.Münden  
Number: 133

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 3:27:18

Speed: 7.53 km/h  
Running performance: 7:55 min/km

Rank in course/Total: 392 (of 418)

Rank in course/Men: 321 (of 336)

Best time in course: 1:39:59

Rank in category: 26(of 29)

Best time in the category: 2:11:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	24:01	7:16	27	7:30	324	12:01	3.30	24:01	7:16	27	7:30	324	12:01
Schlüsie	3.10	27:46	8:57	26	10:23	324	14:19	6.40	51:47	8:05	26	17:53	327	26:20
Hermannsklippe	2.60	25:19	9:44	26	10:11	326	13:31	9.00	1:17:06	8:33	26	28:04	327	39:51
Brocken	3.10	38:41	12:28	25	13:42	318	20:31	12.10	1:55:47	9:34	26	41:46	325	1:00:22
Eiserner Handwe	3.60	26:32	7:22	27	11:07	324	14:30	15.70	2:22:19	9:03	26	52:53	326	1:14:52
Schlüsie	4.10	24:53	6:04	28	10:31	323	13:21	19.80	2:47:12	8:26	26	1:02:56	325	1:28:13
Loddenke	3.10	18:55	6:06	20	6:23	226	8:57	22.90	3:06:07	8:07	23	1:09:19	260	1:37:10
Ilseburg/Markt	3.30	21:11	6:25	20	7:01	232	10:09	26.20	3:27:18	7:54	26	1:15:54	321	1:47:19