



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Landwehr, Michael

Club: Gernrode
Number: 27

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 3:28:37

Speed: 7.48 km/h
Running performance: 7:58 min/km

Rank in course/Total: 396 (of 418)

Rank in course/Men: 323 (of 336)

Best time in course: 1:39:59

Rank in category: 2(of 3)

Best time in the category: 2:45:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:27	7:06	2	2:10	315	11:27	3.30	23:27	7:06	2	2:10	315	11:27
Schlüsie	3.10	26:00	8:23	2	3:49	312	12:33	6.40	49:27	7:43	2	5:59	316	24:00
Hermannsklippe	2.60	23:17	8:57	2	3:56	309	11:29	9.00	1:12:44	8:04	2	9:55	317	35:29
Brocken	3.10	37:38	12:08	2	7:00	307	19:28	12.10	1:50:22	9:07	2	16:55	317	54:57
Eiserner Handwe	3.60	22:27	6:14	2	2:26	276	10:25	15.70	2:12:49	8:27	2	19:21	310	1:05:22
Schlüsie	4.10	22:00	5:21	2	2:56	285	10:28	19.80	2:34:49	7:49	2	22:17	308	1:15:50
Loddenke	3.10	22:28	7:14	2	7:20	263	12:30	22.90	2:57:17	7:44	2	29:37	252	1:28:20
Ilseburg/Markt	3.30	31:20	9:29	3	13:56	303	20:18	26.20	3:28:37	7:57	2	43:33	323	1:48:38