



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Witt, Maik

Club: Team Teichteufel
Number: 456

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:06:36

Speed: 6.33 km/h
Running performance: 9:25 min/km

Rank in course/Total: 415 (of 418)

Rank in course/Men: 334 (of 336)

Best time in course: 1:39:59

Rank in category: 60(of 60)

Best time in the category: 2:00:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	24:43	7:29	60	10:13	326	12:43	3.30	24:43	7:29	60	10:13	326	12:43
Schlüsie	3.10	27:27	8:51	59	11:52	322	14:00	6.40	52:10	8:09	60	22:05	329	26:43
Hermannsklippe	2.60	26:15	10:05	60	12:21	329	14:27	9.00	1:18:25	8:42	60	34:26	329	41:10
Brocken	3.10	45:26	14:39	60	22:40	333	27:16	12.10	2:03:51	10:14	60	57:00	329	1:08:26
Eiserner Handwe	3.60	36:41	10:11	60	22:22	336	24:39	15.70	2:40:32	10:13	60	1:17:58	333	1:33:05
Schlüsie	4.10	28:42	7:00	60	15:11	332	17:10	19.80	3:09:14	9:33	60	1:33:09	334	1:50:15
Loddenke	3.10	27:02	8:43	46	15:13	270	17:04	22.90	3:36:16	9:26	47	1:46:59	270	2:07:19
Ilseburg/Markt	3.30	30:20	9:11	51	17:30	298	19:18	26.20	4:06:36	9:24	60	2:05:51	334	2:26:37