



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Warns, Hajo

Club: Wardenburg
Number: 440

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 4:14:51

Speed: 6.17 km/h
Running performance: 9:44 min/km

Rank in course/Total: 417 (of 418)

Rank in course/Men: 336 (of 336)

Best time in course: 1:39:59

Rank in category: 29(of 29)

Best time in the category: 2:11:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	fehlt!	-	-	-	-	-	3.30	-	-	-	-	-	-
Schlüsie	3.10	59:12	19:05	29	41:49	335	45:45	6.40	59:12	9:15	29	25:18	333	33:45
Hermannsklippe	2.60	30:11	11:36	29	15:03	335	18:23	9.00	1:29:23	9:55	29	40:21	335	52:08
Brocken	3.10	57:13	18:27	29	32:14	336	39:03	12.10	2:26:36	12:06	29	1:12:35	336	1:31:11
Eiserner Handwe	3.60	30:02	8:20	29	14:37	332	18:00	15.70	2:56:38	11:15	29	1:27:12	336	1:49:11
Schlüsie	4.10	29:51	7:16	29	15:29	334	18:19	19.80	3:26:29	10:25	29	1:42:13	336	2:07:30
Loddenke	3.10	23:06	7:27	24	10:34	265	13:08	22.90	3:49:35	10:01	25	1:52:47	272	2:20:38
Ilseburg/Markt	3.30	25:16	7:39	23	11:06	268	14:14	26.20	4:14:51	9:43	29	2:03:27	336	2:34:52