



6. Erfurter Campuslauf

Erfurt / 29.06.2022

Detailed evaluation

Ziervogel, André

Club: Erfurt

Number: 143

Course: 10.00 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 37:22

Speed: 16.06 km/h

Running performance: 3:44 min/km

Rank in course/Total: 4 (of 47)

Rank in course/Men: 4 (of 36)

Best time in course: 33:07

Rank in category: 1(of 4)

Best time in the category: 37:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	6:56	3:28	1	-	3	0:32	2.00	6:56	3:28	1	-	3	0:32
Runde	2.00	7:29	3:44	1	-	5	0:47	4.00	14:25	3:36	1	-	4	1:19
Runde	2.00	7:39	3:49	1	-	4	0:55	6.00	22:04	3:40	1	-	4	2:14
Runde	2.00	7:43	3:51	1	-	4	1:01	8.00	29:47	3:43	1	-	4	3:15
Finish	2.00	7:35	3:47	1	-	5	1:00	10.00	37:22	3:44	1	-	4	4:15