



6. Erfurter Campuslauf

Erfurt / 29.06.2022

Detailed evaluation

Kirchner, Carolin

Club: ASV Erfurt

Number: 155

Course: 10.00 km

Hauptlauf

Category:

Frauen (20-29 Jahre)

Total time: 45:15

Speed: 13.26 km/h

Running performance: 4:32 min/km

Rank in course/Total: 16 (of 47)

Rank in course/Women: 3 (of 11)

Best time in course: 40:44

Rank in category: 3(of 7)

Best time in the category: 40:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	9:07	4:33	4	1:05	5	1:05	2.00	9:07	4:33	4	1:05	5	1:05
Runde	2.00	9:03	4:31	3	0:48	4	0:48	4.00	18:10	4:32	4	1:53	5	1:53
Runde	2.00	9:14	4:36	3	0:58	3	0:58	6.00	27:24	4:33	3	2:51	4	2:51
Runde	2.00	9:03	4:31	3	0:47	3	0:47	8.00	36:27	4:33	3	3:38	4	3:38
Finish	2.00	8:48	4:24	2	0:53	2	0:53	10.00	45:15	4:31	3	4:31	3	4:31