



6. Erfurter Campuslauf

Erfurt / 29.06.2022

Detailed evaluation

Schreiber, Dirk

Club: Erfurt
Number: 150

Course: 10.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 54:48

Speed: 10.95 km/h
Running performance: 5:29 min/km

Rank in course/Total: 39 (of 47)

Rank in course/Men: 31 (of 36)

Best time in course: 33:07

Rank in category: 4(of 6)

Best time in the category: 46:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:25	5:12	4	1:28	32	4:01	2.00	10:25	5:12	4	1:28	32	4:01
Runde	2.00	10:28	5:14	4	1:13	30	3:46	4.00	20:53	5:13	4	2:38	32	7:47
Runde	2.00	11:01	5:30	4	1:45	31	4:17	6.00	31:54	5:18	4	4:01	31	12:04
Runde	2.00	11:31	5:45	5	2:16	31	4:49	8.00	43:25	5:25	4	6:17	31	16:53
Finish	2.00	11:23	5:41	4	2:19	30	4:48	10.00	54:48	5:28	4	8:36	31	21:41