



2022年河南省科技体育联赛（郑州高新站）短距离赛  
郑州市 / 02.10.2022-02.10.2022

## Detailed evaluation

马杰东

Club: 郑州市第七十中学

Total time: 18:19

Running performance: 9:23 min/km

Course: 1.95 km / 12 Controls

Category:

少年男子组

Rank in category: 9(of 34)

Best time in the category: 12:09

Behind: 6:10

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (112)	1:17	9	0:45	140.6	1:17	5	0:09	13.2
2 (102)	2:10	12	0:24	22.6	3:27	10	1:33	81.6
3 (103)	0:21	9	0:04	23.5	3:48	9	1:35	71.4
4 (110)	3:47	21	3:24	887.0	7:35	14	5:22	242.1
5 (109)	0:29	17	0:09	45.0	8:04	14	5:51	263.9
6 (107)	0:20	1	-	-	8:24	13	6:11	279.0
7 (104)	0:34	7	0:11	47.8	8:58	12	5:17	143.4
8 (105)	1:28	12	0:46	109.5	10:26	10	6:03	138.0
9 (106)	0:30	7	0:09	42.9	10:56	11	3:37	49.4
10 (108)	1:05	7	0:09	16.1	12:01	10	3:43	44.8
11 (117)	5:21	20	3:14	152.8	17:22	11	6:46	63.8
12 (118)	0:36	13	0:10	38.5	17:58	11	7:22	69.5
Finish	0:21	11	0:03	16.7	18:19	9	6:10	50.8