



2022年河南省科技体育联赛（郑州高新站）短距离赛
郑州市 / 02.10.2022-02.10.2022

Detailed evaluation

栾潇楠

Total time: 14:29

Running performance: 6:17 min/km

Course: 2.30 km / 14 Controls

Category:
成年男子组

Rank in category: 6(of 26)

Best time in the category: 11:10

Behind: 3:19

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (115)	0:30	2	0:01	3.5	0:30	2	0:01	3.5
2 (108)	2:27	20	1:31	162.5	2:57	10	0:45	34.1
3 (106)	0:47	3	0:17	56.7	3:44	6	1:00	36.6
4 (102)	1:06	17	0:21	46.7	4:50	9	1:49	60.2
5 (103)	0:18	3	0:01	5.9	5:08	9	1:46	52.5
6 (107)	1:19	18	0:58	276.2	6:27	8	3:05	91.6
7 (109)	0:24	6	0:06	33.3	6:51	7	3:29	103.5
8 (110)	0:26	15	0:08	44.4	7:17	7	2:41	58.3
9 (101)	1:13	10	0:51	231.8	8:30	7	3:54	84.8
10 (104)	0:35	3	0:05	16.7	9:05	6	3:16	56.2
11 (111)	1:51	9	0:38	52.1	10:56	6	5:07	88.0
12 (113)	0:59	8	0:12	25.5	11:55	6	6:06	104.9
13 (117)	1:31	6	0:25	37.9	13:26	6	3:01	29.0
14 (118)	0:40	14	0:16	66.7	14:06	6	3:13	29.6
Finish	0:22	13	0:22	-	14:29	6	3:19	29.7