



2022年河南省科技体育联赛（郑州高新站）短距离赛
郑州市 / 02.10.2022-02.10.2022

Detailed evaluation

刘明宇

Club: 郑州市第五十三中学

Total time: 16:36

Running performance: 7:13 min/km

Course: 2.30 km / 14 Controls

Category:

成年男子组

Rank in category: 9(of 26)

Best time in the category: 11:10

Behind: 5:26

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (115)	1:26	22	0:57	196.6	1:26	20	0:57	196.6
2 (108)	2:20	19	1:24	150.0	3:46	21	1:34	71.2
3 (106)	0:59	9	0:29	96.7	4:45	15	2:01	73.8
4 (102)	0:53	11	0:08	17.8	5:38	14	2:37	86.7
5 (103)	0:24	21	0:07	41.2	6:02	15	2:40	79.2
6 (107)	1:06	11	0:45	214.3	7:08	14	3:46	111.9
7 (109)	0:47	18	0:29	161.1	7:55	14	4:33	135.2
8 (110)	0:22	10	0:04	22.2	8:17	11	3:41	80.1
9 (101)	1:09	5	0:47	213.6	9:26	10	4:50	105.1
10 (104)	0:40	12	0:10	33.3	10:06	10	4:17	73.6
11 (111)	1:47	6	0:34	46.6	11:53	10	6:04	104.3
12 (113)	1:07	13	0:20	42.6	13:00	10	7:11	123.5
13 (117)	2:11	17	1:05	98.5	15:11	10	4:46	45.8
14 (118)	1:01	22	0:37	154.2	16:12	10	5:19	48.9
Finish	0:24	17	0:24	-	16:36	9	5:26	48.7