



2022年河南省科技体育联赛（郑州高新站）短距离赛
郑州市 / 02.10.2022-02.10.2022

Detailed evaluation

赵意康

Club: 郑州市第五十三中学

Total time: 17:01

Running performance: 7:23 min/km

Course: 2.30 km / 14 Controls

Category:

成年男子组

Rank in category: 11(of 26)

Best time in the category: 11:10

Behind: 5:51

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (115)	0:37	7	0:08	27.6	0:37	7	0:08	27.6
2 (108)	2:12	13	1:16	135.7	2:49	7	0:37	28.0
3 (106)	0:53	4	0:23	76.7	3:42	4	0:58	35.4
4 (102)	0:51	8	0:06	13.3	4:33	6	1:32	50.8
5 (103)	0:20	9	0:03	17.7	4:53	6	1:31	45.1
6 (107)	2:09	23	1:48	514.3	7:02	12	3:40	108.9
7 (109)	0:29	11	0:11	61.1	7:31	9	4:09	123.3
8 (110)	2:20	24	2:02	677.8	9:51	16	5:15	114.1
9 (101)	1:07	3	0:45	204.6	10:58	13	6:22	138.4
10 (104)	0:47	19	0:17	56.7	11:45	13	5:56	102.0
11 (111)	1:48	8	0:35	48.0	13:33	13	7:44	133.0
12 (113)	0:56	6	0:09	19.2	14:29	13	8:40	149.0
13 (117)	1:43	13	0:37	56.1	16:12	12	5:47	55.5
14 (118)	0:29	4	0:05	20.8	16:41	12	5:48	53.3
Finish	0:19	10	0:19	-	17:01	11	5:51	52.4