



2022年河南省科技体育联赛（郑州高新站）短距离赛  
郑州市 / 02.10.2022-02.10.2022

## Detailed evaluation

胡朝旭

Club: 郑州市第七高级中学

Total time: 18:44

Running performance: 8:08 min/km

Course: 2.30 km / 14 Controls

Category:

成年男子组

Rank in category: 13(of 26)

Best time in the category: 11:10

Behind: 7:34

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (115)	1:04	18	0:35	120.7	1:04	17	0:35	120.7
2 (108)	2:48	24	1:52	200.0	3:52	22	1:40	75.8
3 (106)	1:28	22	0:58	193.3	5:20	21	2:36	95.1
4 (102)	1:10	20	0:25	55.6	6:30	21	3:29	115.5
5 (103)	0:21	13	0:04	23.5	6:51	20	3:29	103.5
6 (107)	1:07	12	0:46	219.1	7:58	18	4:36	136.6
7 (109)	0:25	8	0:07	38.9	8:23	16	5:01	149.0
8 (110)	0:27	17	0:09	50.0	8:50	14	4:14	92.0
9 (101)	3:35	21	3:13	877.3	12:25	17	7:49	169.9
10 (104)	0:38	10	0:08	26.7	13:03	17	7:14	124.4
11 (111)	1:53	10	0:40	54.8	14:56	17	9:07	156.7
12 (113)	1:03	10	0:16	34.0	15:59	16	10:10	174.8
13 (117)	1:42	11	0:36	54.6	17:41	14	7:16	69.8
14 (118)	0:40	14	0:16	66.7	18:21	14	7:28	68.6
Finish	0:23	16	0:23	-	18:44	13	7:34	67.8